

ASD Academic Plan

Physical Education: Soccer

Grade Level: 9-12 grade

Length: Semester

Prerequisites: N

Repeatable for additional credits: Unlimited

Course Description: The purpose of this course is to introduce students to basic skills and knowledge associated with soccer. By applying these principles through active participation, students develop the necessary skills and knowledge to play soccer. In addition, this course provides students with opportunities to improve physical fitness, acquire knowledge of fitness concepts and practice positive personal and social skills. Students will gain an understanding of how a wellness lifestyle affects one's health, fitness and physical performance.

Learning Outcomes At a Glance

QUARTER 1

Understand basic soccer rules, terminology, and scoring procedures.

Demonstrate basic skills associated with soccer, including passing, dribbling, juggling, kicking, and heading.

Demonstrate the ability to perform individual offensive and defensive skills and strategies.

Understand and apply the knowledge of basic rules of soccer.

Demonstrate proper etiquette and good sportsmanship.

QUARTER 2

Understand basic soccer scoring and officiating procedures.

Successfully participates in skill improvement and offensive game strategies.

Consistently responds defensively to the opponent's play.

Demonstrate proper etiquette and good sportsmanship.

Develop an awareness of community resources and opportunities related to