

# FRESHMAN ACADEMY

## What is the focus of this course?

The Freshman Academy Career Exploration course is a transition course designed for ninth graders to prepare

## How are the lessons structured in this course?

Lessons use an Explore, Inspire, and Reflect

## What will students learn in this course?

them for success in high school, post-secondary education, and their careers. It focuses on self-discovery, study skills, life skills, and career knowledge through college and career readiness units of study.

## About the class

framework, ensuring a comprehensive approach to student readiness for college and career paths. Students will also engage in personal research assignments and projects that will familiarize them with a broad range of career options.

This course includes reinforcement of attendance and

punctuality, communication, ethics in the workplace, interpersonal effectiveness, personal presentation, and responsibility and commitment. Students will also level

## Questions:

- Organizational skills
- Career exposure
- Time management
- College exposure

*Together, Teachers and Academy Coaches make a difference for students by setting them up for success in Freshman Academy Career Exploration and future choices in Academies of Anchorage.*